

Joint Teaching Plan (4 Years)										
Course: Rehabilitation				CC:Compulsory Course; EC:Elective Course						
Semester	No.	Course Name in EN	Course Name in CN	Credit	Allocation of hours			Type	Taught by	
					In Class Hours		After Class study hours			
					Total of In Class Hours (per group)	Theory				Practices per group
1	1	Ideology and Morality and Rule of Law	思想道德与法治	3	48	40	8	0	CC	CN
	2	Foundation and application of information technology	信息技术基础及应用	3	48	22	26	0	CC	CN
	3	Psychological health education for college students	大学生心理健康教育	2	32	18	14	0	CC	CN
	4	Military Theory	军事理论	2	36	24	12	0	CC	CN
	5	College English I	大学英语1	3,5	56	56	0	0	CC	CN
	6	Academic English I	学术英语1	2,25	64	48	16	0	CC	CN
	7	Situation and Policy I	形势与政策1	0,5	8	6	2	0	CC	CN
	8	College Sports I	体育1	2	36	36	0	0	CC	CN
	9	Sports Anatomy I	运动解剖学1	3,75	60	49	11	0	CC	CN
	10	General Education Elective Courses (including Four History Education Courses)	通识教育选修课程（含四史教育课程）	2	32	32	0	0	EC	CN
	11	Chinese traditional culture	中华优秀传统文化	1	16	16	0	0	EC	CN
	12	Entrance education and military training	入学教育与军训	2	2Weeks			CC	CN	
	13	Labor education and labor education Practice	劳动教育与劳动教育实践	0,25	4		0	CC	CN	
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					In Class Hours		After Class study hours			
					Total of In Class Hours (per group)	Theory				Practices per group
2	14	Outline of Chinese Modern History	中国近现代史纲要	3	48	40	8	0	CC	CN
	15	College English II	大学英语2	3,5	56	56	0	0	CC	CN
	16	Academic English II	学术英语2	2,25	64	48	16	0	CC	CN
	17	Situation and Policy II	形势与政策2	0,5	8	6	2	0	CC	CN
	18	College Sports II	体育2	2	36	36	0	0	CC	CN
	19	College Students' Career and Development Planning	大学生职业生涯规划与发展规划	2	32	18	14	0	CC	CN
	20	Caring for life-first aid and self-help skills	关爱生命-急救与自救技能	1	16	16	0	0	EC	CN
	21	Sociology	社会学	1	16	16	0	0	EC	CN
	22	Sports Anatomy II	运动解剖学2	3,75	60	49	11	0	CC	CN
	23	Fundamentals of Traditional Chinese Medicine (TCM, TCM Diagnosis)	中医学基础（中基、中诊）	3	54	52	2	0	CC	CN
	24	Labor education and labor education Practice	劳动教育与劳动教育实践	0,25	4		0	CC	CN	
	25	General physiology	一般生理学		40	14	26	0	CC	PL
	26	General Pathology	普通病理学		32	32	0	0	CC	PL
	27	Preventive Kinesiotherapy	预防性运动疗法		32	18	14	0	CC	PL
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					In Class Hours		After Class study hours			
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3	28	Academic English III	学术英语3	2,25	64	48	16	0	CC	CN
	29	Situation and Policy III	形势与政策3	0,5	8	6	2	0	CC	CN
	30	College Sports III	体育3	2	36	36	0	0	CC	CN
	31	Basic principles of Marxism	马克思主义基本原理	3	48	40	8	0	CC	CN
	32	Introduction to modern clinical medicine	现代临床医学概论	3	54	38	16	0	CC	CN
	33	Sports nutrition	运动营养学	2,5	40	28	12	0	EC	CN
	34	Health state of traditional Chinese medicine	运动康复技术学	2	36	12	24	0	EC	CN
	35	Labor education and labor education Practice	劳动教育与劳动教育实践	0,25	4		0	CC	CN	
	36	Physiology of exercise and sport	运动和体育生理学		26	0	26	0	CC	PL
37	Biochemistry	生物化学		28	14	14	0	CC	PL	
Semester	No.	Course Name in EN	Course Name in CN	Credit	Allocation of hours			Type	Taught by	
					In Class Hours		After Class study hours			
					Total of In Class Hours (per group)	Theory				Practices per group
4	38	Academic English IV	学术英语4	2,25	64	48	16	0	CC	CN
	39	Situation and Policy IV	形势与政策4	0,5	8	6	2	0	CC	CN
	40	College Sports IV	体育4	2	36	36	0	0	CC	CN
	41	Introduction to Mao Zedong Thought and Socialism with Chinese characteristics's Theoretical Foundation	毛泽东思想和中国特色社会主义理论体系概论	3	48	40	8	0	CC	CN
	42	Introduction to Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era	习近平新时代中国特色社会主义思想概论	3	48	40	8	0	CC	CN
	43	Traditional sports health preservation	传统体育养生学	2	32	6	26	0	CC	CN
	44	Rehabilitation function assessment	康复功能评定学	3	54	22	32	0	CC	CN
	45	Massage manipulation	推拿手法学	3	54	22	32	0	CC	CN
	46	Acupunctureology	针灸学	2	36	18	18	0	EC	CN
	47	Social Practice	社会实践	3	2Weeks			CC	CN	
	48	Professional probation	专业见习	6	6Weeks			CC	CN	
	49	Labor education and labor education Practice	劳动教育与劳动教育实践	0,25	4		0	CC	CN	
	50	Medical biology	医学生物学		26	26	0	0	CC	PL
	51	Pharmacology in wellness	健康药理学		14	14	0	0	CC	PL
	52	Periodisation and programming in wellness	健康的周期化和计划编制		72	20	52	0	CC	PL
Semester	No.	Course Name in EN	Course Name in CN	Credit	Allocation of hours			Type	Taught by	
					In Class Hours		After Class study hours			
					Total of In Class Hours (per group)	Theory				Practices per group
5	53	Clinical rehabilitation	临床康复学	3	54	30	24	0	CC	CN
	54	Physiatry	理疗学	2	36	16	20	0	CC	CN
	55	Experimental methods and techniques of sports human science	运动人体科学实验方法与技术	3,5	56	8	48	0	EC	CN
	56	Labor education and labor education Practice	劳动教育与劳动教育实践	0,25	4		0	CC	CN	
	57	Management and marketing of wellness services	保健服务的管理和营销		26	0	26	0	CC	PL
	58	Special methods in wellness care	健康护理的特殊方法		64	12	52	0	CC	PL
	59	Functional diagnostics in wellness care	健康护理中的功能性诊断		14	0	14	0	CC	PL
					Allocation of hours					
					In Class Hours		After			

Four History Education (one of which is the history of the Communist Party of China, the history of the People's Republic of China, the history of reform and opening up, and the history of socialist development)

Directly introduced from Katowice Wydział Wych. Fiz.

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6	60	Employment and Entrepreneurship Guidance for College Students	大学生就业与创业指导	2	32	18	14	0	CC	CN
	61	Traditional Chinese medicine rehabilitation	中医康复学	2	32	30	2	0	CC	CN
	62	Rehabilitation psychology	康复心理学	2	32	28	4	0	CC	CN
	63	Sports injury and rehabilitation	运动损伤与康复学	4,5	72	48	24	0	CC	CN
	64	Basics of law for wellness care	健康护理法律基础知识		40	26	14	0	CC	PL
	65	Psychological measures in wellness care	原：健康护理的教学措施		26	0	26	0	CC	PL
	66	Introduction to the motor function	运动功能介绍		26	0	26	0	CC	PL
	67	Labor education and labor education Practice	劳动教育与劳动教育实践	0,25	4			0	CC	CN
Semester	No.	Course Name in EN	Course Name in CN	Credit	Allocation of hours			After Class study hours	Type	Taught by
					In Class Hours					
					Total of In Class Hours (per group)	Theory		Practices per group		
7	68	Nutrition for recovery	恢复营养		26	0	26	0	CC	PL
	69	Ethics in wellness	健康伦理		14	14	0	0	CC	PL
	70	Sport training	运动训练		40	14	26	0	CC	PL
	71	Labor education and labor education Practice	劳动教育与劳动教育实践	0,25	4			0	CC	CN
	72	Graduation practice	毕业实习	20	20Weeks				CC	CN
	73	Dissertation	毕业论文	2,5	2.5Weeks				CC	CN
Semester	No.	Course Name in EN	Course Name in CN	Credit	Allocation of hours			After Class study	Type	Taught by
					In Class Hours					
					Total of In Class Hours	Theory		Practices		
8	74	Labor education and labor education Practice	劳动教育与劳动教育实践	0,25	4			0	CC	CN
	75	Graduation practice	毕业实习	20	20Weeks				CC	CN
	76	Dissertation	毕业论文	2,5	2.5Weeks				CC	CN

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